

School Health Advisory Committee Minutes

November 14, 2016

11:30 a.m.

Board Room

Patti Hutto presided at the meeting in the absence of Sharon Wright. Members present included: Amy Kelm, Amela Dizdarevic, Danny Wrenn, Diana Flores, Greg Northcutt, Lesle Carlisle, Lindsey Devin, Marci Owens, Rachel Bissett, Rae Leach, and Patti Hutto.

Patti gave everyone a copy of the Wellness Plan for their perusal. It will be discussed in more detail at the February meeting. A subcommittee consisting of Danny Wrenn, Greg Northcutt and Diana Flores was formed to consider issues relating to student physical activity and fitness and make policy recommendations to increase physical activity and improve fitness. There was no policy recommendation made. The committee discussed ways to increase physical activity including getting students outside more, competitive games outside, stationary bikes for the classrooms to ride while doing work, the elementary schedule, designated activity days each month, walk arounds for 5 minutes, science outside and activity incorporated into class.

The meeting was dismissed at 12:30 p.m.