

Plainview ISD  
School Health Advisory Committee  
Minutes of Meeting  
November 13, 2017  
11:30 a.m.

Sharon Wright welcomed everyone to the meeting. The Legal and local policies concerning wellness were reviewed by the committee. Sandra Ramirez, local Aramark director, reviewed the guidelines for snacks and for items that are sold at school. She answered questions by the committee.

The 9 members present served as the subcommittee for physical activity and fitness planning. The amount of time spent in physical education was discussed by the committee and no recommendations to increase the time was made.

The local wellness policy will be discussed at the next meeting.

Meeting adjourned at 12:30 p.m.